

## **Comments from participants in the Coaching for Leadership and Professional Development course 2007**

"Really useful on a personal, professional and practical basis. If you want to explore what executive coaching is really about then this is a great programme.

**I found the course to be a really powerful learning experience.** The combination of two very experienced course leaders and a group of participants from diverse backgrounds produced some great debate and dialogue on all aspects of the executive coaching process. This was particularly useful in helping me explore what my offering really is and how best to market this. This was my first exposure to the Tavistock approach and I found it extremely useful both personally and professionally"

*Stuart McAdam, Director, [365 Coaching](#), UK*

"I attended the Tavistock coaching course as I took up a new role as Chief Executive in a public sector housing organisation. The course has provided me with a unique insight into how to support my staff in their various roles as leaders and managers. During the course I have learnt to trust to my own competencies and experience and discovered how to use them in my day to day dealings with staff. I have developed further my skills in listening and appreciative enquiry. I am now more able to 'think under fire' about the roles taken up by staff, what they are saying and what is being avoided. **This was a hugely enjoyable course which I would warmly recommend.**"

*Bernadette O'Shea, Chief Executive, [Hounslow Homes](#), UK*

"It was not only a very well structured and comprehensive Course from a technical point of view, but also **an important emotional and personal stimulus to improve my coaching abilities.**"

*Pedro Gil Corbacho, Psychiatrist and Psychoanalyst, Spain*

**"Doing the Tavistock Coaching Course has really raised my game.** During the Course I had a restructure at work and had to apply for new posts, and I have successfully obtained a promotion in the new structure. The stimulus and process of doing the course, meeting people from other sectors, and focussing very practically on my coaching practice enabled me to interview well and think about aspects of the post in a different light, offering a new 'take' to my employers. It continues to be a great support drawing on other colleagues' experience on the course and using the co-coaching process to help me think through my plans."

*Helen Ramsbottom, Regional Manager, London Region, [Age Concern England](#)*

“The Coaching for Leadership and Professional Development course was **an immensely rewarding opportunity and provided me with the confidence to further develop my own role as a coach.** Having been involved for years in the management of staff and with a desire to help individuals reach their potential, this course offered me a clarity and insight into coaching which both challenged my awareness and motivated me for the future. Working with other students, excellent instruction and a safe and supportive environment allowed me to explore the theories and technicalities of the coaching role whilst building on my own natural skills and experience.”

*Anthony Wills, Chief Executive, [Standing Together Against Domestic Violence](#), UK*

“As someone looking to conduct group coaching alongside my individual work with my MBA students, **the course has proved both enlightening and challenging.** In particular, learning to work within a more structured framework has proved invaluable and I now find I have much more productive exchanges with my coachees.

However, the most satisfying element of the course has been the assistance and guidance that it has provided for my group coaching of the Acorns Executive Directors. In brief, having a yardstick or benchmark against which to assess progress at each stage of the development of the Team has been excellent as has the opportunity to study the theory in depth for the first time. Although the process will not be completed by the time I send in my assignment, nevertheless, the work thus far has proved the value and contribution of the course in furthering my own development, while fostering a continuous improvement approach and attitude within the Acorns Senior Management Team.”

*David Strudley, Chief Executive, [Acorns Children's Hospice Trust](#), UK*