

# Mental Wellbeing Impact Assessment

## A one day Introduction and Screening Workshop

**24 June, 10.00 am - 5.00 pm**

**The Fitzrovia Centre, 2 Foley Street, London W1W 6DL**

### What is MWIA?

Virtually all areas of policy making, commissioning, and provision of goods and services are capable of producing mental wellbeing to at least some extent. MWIA is a systematic approach to assessing how proposals, policies, programs, services, workplaces and projects can capitalise on opportunities to promote mental wellbeing, minimise risks to wellbeing and identify ways to measure success in achieving wellbeing.

MWIA was developed in the UK over 10 years ago and is cited as an example of good practice in national strategies and policy guidance. The tool is used globally including significant programmes of work in Chile and Australia.

### The workshop

Understanding the value and applicability of MWIA is an important first stage and attending this workshop will assist with this. An added value is participants will also be trained to use the MWIA Screening Toolkit. This is an important desk-top process which can assist organisations to make an initial evidence-based assessment of their policies, programmes and services impact on mental well-being. The workshop features presentations, discussions and groupwork.

### Learning outcomes

- 1.1 Have knowledge of the stages and application of MWIA**
- 1.2 Have an understanding of the model of mental well-being used in the evidence based MWIA Toolkit**
- 1.3 Have an understanding, experience and skills in applying the MWIA screening toolkit**
- 1.4 Have identified how you might apply the MWIA Screening in your work.**

The workshop will not provide training in conducting a full MWIA:

Contact us for information on the full in-depth MWIA course accredited by the Royal Society of Public Health

### Who will benefit from this workshop?

This workshop will be of benefit to individuals working across sectors such as housing, education, planning, mental health and community and voluntary services or those responsible for wellbeing in their workplace. The workshop is open to anyone who wants to understand the impact of their work on the mental wellbeing of their communities of interest.

### To register or for more information

Contact: [michael.morgan@slam.nhs.uk](mailto:michael.morgan@slam.nhs.uk) or by phone 020 3228 1694

**Cost:** £95 (includes lunch)

